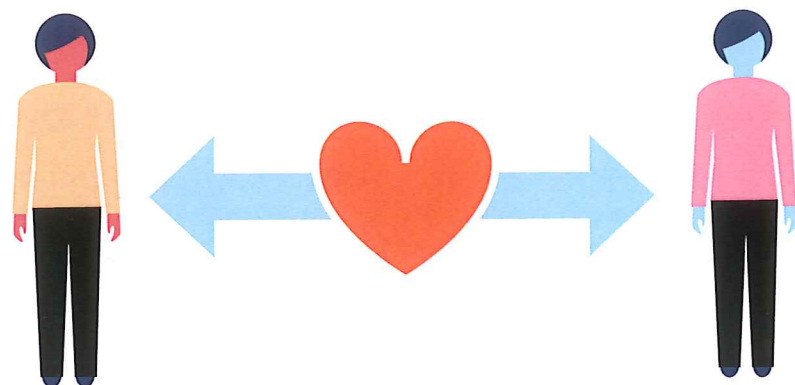


VISITING SWEDEN DURING THE COVID-19 PANDEMIC

Welcome to Sweden. We all have a personal responsibility to do what we can in order to prevent the spread of covid-19. This includes people who are visiting Sweden during the pandemic.

Avoid travelling on public transport if you cannot book a seat. If you become ill, you need to be able to make your way home, or to a place where you can self-isolate, without putting others at risk of infection. Remember to maintain distance from others and avoid places where many people gather.



MINIMISING THE SPREAD OF COVID-19

- Self-isolate if you are experiencing symptoms such as nasal congestion, respiratory infection, coughing, or fever, even with mild symptoms.
- Avoid contact with people who are unwell.
- Wash your hands often with hot water and soap.
- Avoid touching your face and eyes.
- Keep your distance from other people in public places.



SWEDISH HEALTHCARE FOR VISITORS

If you are on a visit in Sweden and become ill or get injured, call 1177 for information about illnesses and where to find your nearest healthcare center. In case of emergency, call 112 for an ambulance. Do not visit a health centre ("vårdcentral") if you have any symptoms associated with covid-19. Instead call 1177 where you will get medical advice from a registered nurse.

For more information about visiting Sweden during the covid-19 pandemic go to www.krisinformation.se/en



The County
Administrative
Board of Skåne



For information
about healthcare
in Skåne and
covid-19:

